

Blessed Sacrament

1119 South Seventh Street, Quincy, IL 62301

Parish Email: parishoffice@blessedscs.org

Parish Website: www.blessedsacramentqcy.org

Diocesan Website: www.dio.org

Blessed Sacrament Parish Phone: 222-2759

Pastor: Fr. Tom Meyer

Pastor Emeritus: Monsignor Michael Kuse

Permanent Deacon: Deacon Terry Ellerman

Director of Faith Formation: Ginny Fuentes

Secretary: Laura Megown

Bookkeeper: Linda Ohnemus

Director of Music: Steve Buckman

Custodian: Jennifer Cunningham

Blessed Sacrament School Phone: 228-1477

Principal: Lisa Berhorst

School Administration Manager: Kailee Flesch

Secretary: Lori Quevillon

Custodian: Rick Epping

CELEBRATION OF THE EUCHARIST

Monday, Tuesday, Wednesday, Friday: 8:00 a.m.

Thursday: 8:15 a.m. (School Year)

Saturday: 8:30 a.m. (Spanish)

Sunday: 8:00 a.m. 10:00 a.m. 5:00 p.m.

RECONCILIATION:

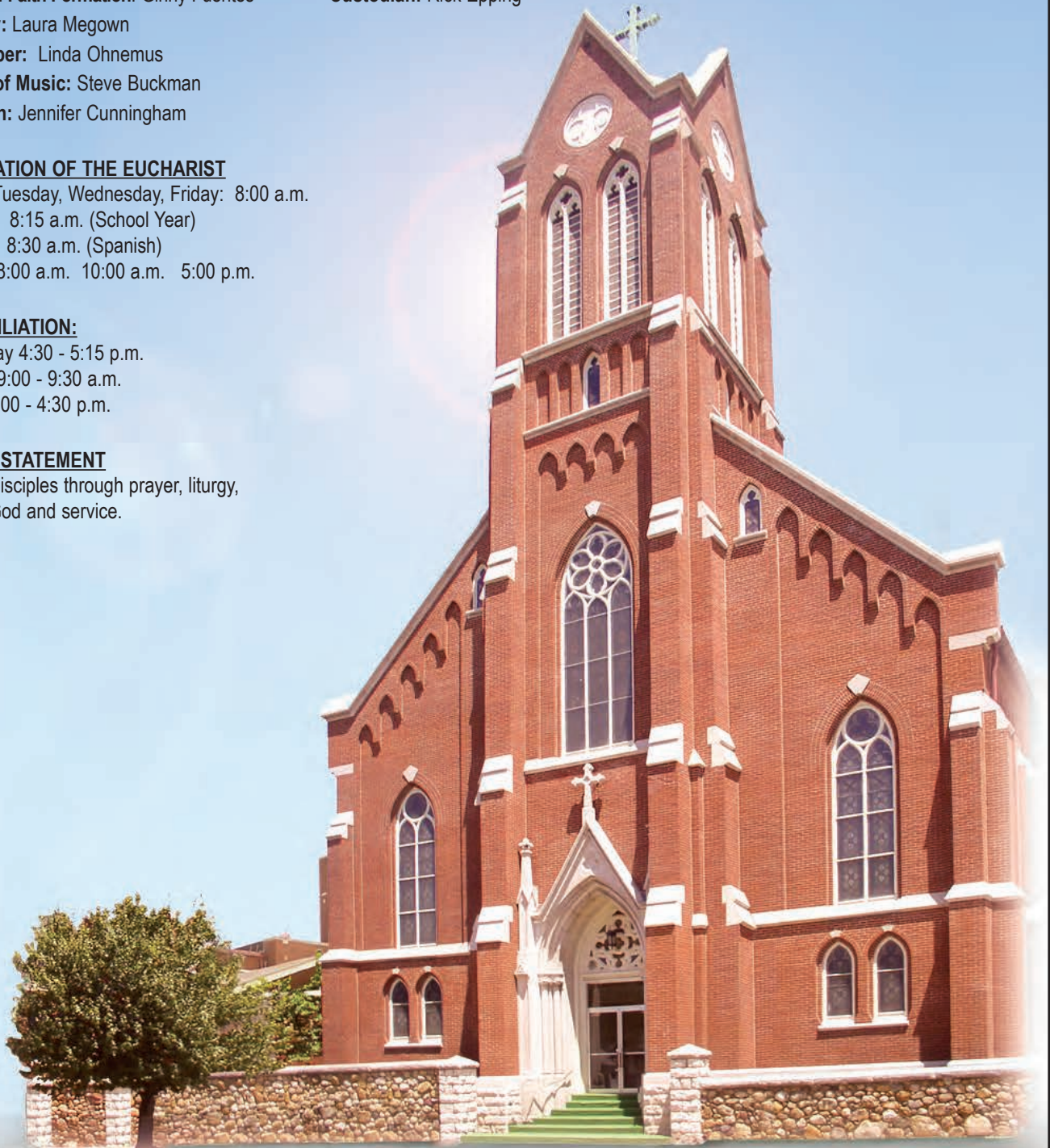
Wednesday 4:30 - 5:15 p.m.

Saturday 9:00 - 9:30 a.m.

Sunday 4:00 - 4:30 p.m.

MISSION STATEMENT

Forming disciples through prayer, liturgy,
Word of God and service.



**Blessed Sacrament Parish
2nd Sunday of Advent
December 4, 2022**

From the Pastor's Desk

Today we celebrate the **2nd Sunday of Advent**. We see in the Gospel the image of John the Baptist. He is an important Advent figure since he was instrumental in preparing for Christ's First Coming. John tells the people of Israel, "Repent, for the kingdom of heaven is at hand." Repentance is one of the most important ways to prepare for Christ's Coming. This includes the sacrament of Reconciliation. It also includes making commitments toward living in a new way. In what ways do I hear Christ calling me to change?

This Thur. Dec. 8 we celebrate the **Solemnity of the Immaculate Conception**. We have 3 Masses available:

Wednesday 5:30 p.m.

Thursday 8:15 a.m.

Thursday 5:30 p.m.

Please take advantage of this opportunity to deepen, with the aid of Mary's intercession, your Advent preparation for the coming of our Saviour, Jesus Christ.

On December 8, the Solemnity of the Immaculate Conception, our Springfield Diocese will enter into our **Diocesan Year of the Eucharist**. The most recent edition of the Catholic Times highlighted this brand new year in which the Springfield Diocese will be highlighting our belief, love, and devotion to Jesus present in the Blessed Sacrament. The Diocese is encouraging parishes to develop their own activities to celebrate and strengthen our own faith in the Eucharist. It is my hope that our Blessed Sacrament Parish can look in the coming year to create opportunities for all of us to grow in our devotion and love of the Eucharist.

Next Sun. Dec. 11 we will celebrate **Our Lady of Guadalupe with a 10:00 p.m. Mass in Spanish**. Our Spanish speaking community will be celebrating the Virgin Mary of Guadalupe within the celebration of the 3rd Sunday of Advent. The readings, prayers, and music will all be in Spanish. All are welcome to attend.

This **Advent Season** Blessed Sacrament Parish is celebrating public **Evening Prayer (with Benediction) every Wed. evening from 5:00-5:20 p.m.** prior to 5:30 p.m. Mass. Please come join us.

Finally, this upcoming Jan. 21/22 (3rd Sunday of Ordinary Time) the Universal Church celebrates the "**Sunday of the Word of God**." In 2019 Pope Francis proclaimed this annual celebration to highlight the importance of the Word of God in the lives of Catholics. As a way for Blessed Sacrament Parish to celebrate this day here locally, we would like to present on that day the gift of a brand new "**Great Adventure Catholic Bible**" to each of our **8th Grade students**. This gift will be their permanent Bible to keep as they move into high school and young adult life. For the parish to be able to provide this gift, I am looking for 24 donors willing to sponsor one Bible by making a **\$36 donation**. Simply place your check in an envelope entitled, "Sponsor a Bible." Thank you so very much for your generosity in helping provide these Bibles to our 8th Grade students this upcoming January.

May the Peace of Christ be with you all,
Fr. Tom

To report allegations of sexual abuse of a minor by clergy or other church personnel -- even if it is in the past -- individuals are encouraged to call the Diocese's Child Abuse Reporting and Investigation number at 217.321.1155. Individuals may also contact Illinois Department of Children and Family Services Child Abuse Hotline at 1.800.25.ABUSE.

| | |
|--|--|
| Monday 8:00 a.m. | December 5, 2022 Ruth Welchert |
| Tuesday 8:00 a.m. | December 6, 2022 Dora Doellman |
| Wednesday 8:00 a.m. 5:30 p.m. | December 7, 2022 John Maguire Ilene & Neil Megown |
| Thursday Solemnity of the Immaculate Conception 8:15 a.m. 5:30 pm | December 8, 2022 Mary Ann Gelfand Paul Schuerig |
| Friday 8:00 a.m. | December 9, 2022 Anna Milbert |
| Saturday 8:30 a.m.-Spanish 4:30 p.m. | December 10, 2022 Klene Family People of the Parish |
| Sunday 8:00 a.m. 10:00 a.m. Our Lady Of Guadalupe 10:00 p.m. | December 11, 2022 John Duesterhaus Daniel French Steve Krueger |

Sunday, November 27, 2022

| | |
|---------------------------------------|-----------------------|
| Regular Collection: | \$ 6,657.25 |
| Electronic Giving: | \$ 5,805.00 |
| Total Collection | \$ 12,462.25 |
| Weekly Support Needed: | \$ 12,013.00 |
| Deficit/Surplus: | +\$ 449.25 |
| Regular Support Actual (YTD) | \$ 229,239.77 |
| Regular Support Needed (YTD) | \$ 264,286.00 |
| Regular Deficit/Surplus: (YTD) | (\$ 35,046.23) |
| Total School Collection | \$ 8,050.00 |
| Haiti | \$ 700.00 |

This Week in Our Parish

| | |
|--|---|
| Tuesday School Penance Service Legion of Mary-GS Mom's Group Christmas Party-GS | December 6, 2022 9:15 a.m.-10:45 a.m. 1:15 p.m.- 2:45 p.m. 6:00 p.m. |
| Wednesday- Adoration Evening Prayer/Benediction St. Vincent De Paul-GS | December 7, 2022 8:30 a.m.- 5:10 p.m. 5:00 p.m.- 5:20 p.m. 6:20 p.m.- 7:20 p.m. |
| Thursday RCIA-GS | December 8, 2022 6:30 p.m.- 8:00 p. m. |



Next Sunday, December 11, 2022 is the 3rd week of Advent. As in the past we will be collecting different items for the Catholic Charities and Ladies of Charity pantries. In talking with both groups, we have made some modifications to better serve the client they serve. The items we are collecting are items they usually don't get from other sources. Next week we will collect hygiene products.

Our Lady of Guadalupe Feast Day Celebration December 11

Please join the Blessed Sacrament Parish Spanish Speaking Community for our Celebration of Our Lady of Guadalupe's Feast Day.

- . Spanish Mass will begin at 10 p.m.
- . A meal provided by our Spanish Speaking Families will begin immediately after Mass.
- . At midnight, we will sing to Mary!

Please join us for this beautiful celebration of Our Lady and of Mexican culture!



Youth Group!

6th, 7th, and 8th graders are welcome to join us for Youth Group on the 2nd and 4th Thursday of each month. We focus on fellowship, faith formation, prayer, and service. This month's meetings are...

**Thursday December 8 @ 3:00 p.m. in the
Gathering Space**

**Thursday December 22 @ 3:00 p.m. in the
Gathering Space**

All 6th, 7th, and 8th graders are welcome to join us! Bring a friend!



Prayer...Liturgy...Word of God...Service



Thank you to all the
Grandparents and special people
that visited our classrooms and
celebrated Mass with us!



Prayer...Liturgy... Word of God...Service

Circle of Caring

If you know of anyone who could use a helping hand after returning home from the hospital, please contact Linda Hinkamper at 217-223-4159 during the month of December 2022. The Circle of Caring is for anyone who has just had a baby, returned home from the hospital or is unable to drive. Volunteers will carry in meals, provide rides, do housekeeping tasks or just lend a helping hand.

Remember the Sick in Your Prayers...

Please pray for parish family members: Doris Hildebrand, Tom Liesen, Betty Wiewel, Allan Harvey, Robin Cimeria, Barb Peters, Maggie Kistner, Robert Conover, Linda Anemone, Anna Mae Timpe, Dan and Sandy Meade, Monica Mast, Carl Nieders, T. J. Nelson & Ken Nelson.

Prayer Chain

If you or someone you know is in need of prayer, call Carol Price to add their intentions to the Prayer Chain: 217-223-8881.



*14 Day Candle
Burns in Memory of
Richard Hummel*

Assumptions Catholic Store

On December 10 Assumptions (Catholic Store) will be at St. Rose of Lima Parish Hall, 715 Chestnut, Quincy, selling Advent candles and wreaths; small nativity items; religious art, sacramentals and other items that make beautiful affordable Christmas gifts from 10:00 a.m. to 12:00 p.m. on Saturday, December 10, 2022.

Cash or Checks Only. No credit/debit cards. Handicap accessible. Enter from parking lot on north side. Call at least a week before to request any particular in-stock items to be brought to the sale at (309) 833-1979. Store hours are 10:00 a.m. to 4:00 p.m., Tuesday through Saturday.



Attention 5:00 p.m. Mass Ministers

Please call the parish office and let us know what Mass you will now be attending.

Christmas Cards for the Homebound

We will be collecting Christmas Cards for the homebound again this year. There will be a decorated box in the Gathering Space for you to drop them in beginning November 27 through December 11, 2022.

We will deliver to only the names on the list below:

Teresa Vahlkamp, Linda Anemone, Mary Bradfield, Marilyn Ridder, Bob Orr, John & Annette Sloup, Betty Wiewel, Ken Unmisig, Dan & Sandy Meade, Joseph Meyer, Faye Orr, Mary Downing, Harold & Dorothy Zopf, Joan Cook, Carlene Cane, Tom Glosmeyer, Toby Elsenpeter, Carole Glosemeyer, Winnie Beckman, Rita Brod, Barb Peters, Sylvia Peters, Barb Dance, Tom Liesen, Alberta Twedell, Carol Geers, Phillip Elam, Barb Bax, Roger Brod, Tom Roberts, Marie Rose, Doris Hildebrand, Joan Olps, Norma Ancell, and Flo Freels.

Collection for Retirement Fund for Religious

Lighten the load. An abbot writes, "Your gift helps ease our worldly burdens and allows us to continue living out our mission of seeking God and serving the Church." Donations to next week's Retirement Fund for Religious collection help hundreds of US religious communities to provide for their aging members.

Meet Sister Lucille ...

"I had no other desire than to be a nun," says Sister Mary Lucille Stelly, 89, who knew early on that she would pursue religious life. A member of the Sisters of the Holy Family in New Orleans, she taught in Catholic schools and later ministered in nursing homes—remaining in active ministry until her eighties. Today, she lives in her congregational motherhouse. There, she is sustained by a shared commitment to prayer, service, and community. Like Sister Lucille, most older religious served for little or no pay. Today, many US religious orders lack adequate retirement savings. Donations to the Retirement Fund for Religious help Sister Lucille's community—and hundreds more—provide for the needs of their aging members. Thousands of elderly sisters, brothers, and religious order priests benefit.

LITURGICAL MINISTRIES FOR Saturday, December 10, 2022

| Mass Times | Servers | Communion Minister | Greeters | Lectors | Usher |
|----------------------------|---|---|--|--------------|--|
| Saturday, 4:30 p.m. | Maddie Maas Leah Terwelp Emmy Kistner | Patty Adam Cheryl Willland Teresa Zaerr | Devin Huner (GS) Andy & Danielle Weise (WD) | Jeanne Smith | Jim Schrand Gary Beckman Mary Lynn Tucker Greg Wittland |

LITURGICAL MINISTRIES FOR Sunday, December 11, 2022

| Mass Times | Servers | Communion Minister | Greeters | Lectors | Usher |
|---------------------------|--|--|---|-----------------|---|
| Sunday, 8:00 a.m. | Natalie Druffel Tripp Flesch Gabe Boll | Deacon Terry Pam Luther Doug Luther | Lee & Marie John (GS) Gina & Adam Druffel (WD) | Colleen Maalouf | Frank Flesch Ted Johnson Blake Niemann Brett Niemann |
| Sunday, 10:00 a.m. | Blake Myers Vivi Wilson Cecelia Coval | Jennifer Dickerman Ann Gage Jill Kelly | Cheryl Thevil (GS) Amber & Brian Hendrian (WD) | Kim Dinkheller | Ron Kelly Marvin Schreacke Mike Krueger Nathan Terwelp |

SERVERS Week of December 5, 2022

Monday, 8:00 a.m., Dec. 5 & -Tuesday, 8:00 a.m., Dec. 6-Addie Dawson & Abram Hendrian

Wednesday, Dec. 7, 8:00 a.m.- Leo Cramer & Natalie Druffel

Thursday, Dec. 8, 8:15 a.m.- Leo Cramer, Natalie Druffel & Tripp Flesch

Friday, Dec. 9, 8:00 a.m.-Leo Cramer & Tripp Flesch

Socks, Underwear, Mittens, Hats, gloves, & Scarfs Collection Sponsored by the CCW

Winter weather gear will be collected for children and adults in need in our community. Look for the large tub in the Gathering Space to place your donations in. The collected items will be divided between Ladies of Charity and Catholic Charities here in Quincy to help those who need to stay warm.

Thank you in advance for helping those in need!!!!



Council of Catholic Women's Christmas Dinner

All ladies of the parish are invited to the annual Christmas Dinner on Friday, December 16, 2022 at 5:30 p.m. in the Gathering Space. The dinner is being catered and the cost is \$12.00 per person and can be paid that evening. Also we are asking all ladies to bring a wrapped \$5.00 gift for a game and gift exchange.

RESERVATIONS MUST BE MADE BY FRIDAY, December 9. To make a reservation call the Parish Office 217-222-2759.



Prayer...Liturgy...Word of God...Service

December is Seasonal Depression Awareness Month

Feeling SAD?

Seasonal Affective Disorder, or SAD, is more than just those winter blues or a seasonal “funk.” SAD is a very real type of depression that is most commonly associated with the fall and winter months. So, what are the symptoms and what can you do about it? **Symptoms of SAD can include:**

- low energy
- depressed mood
- hopelessness
- irritability or anxiety
- poor concentration
- social withdrawal
- changes in sleep and/or appetite
- loss of interest in activities you once enjoyed

What can you do about it?

Structure. Go to bed at a regular time, and get enough rest. Give focus to eating healthy meals on a regular schedule. Make your environment brighter when you can. Open blinds, and sit closer to bright windows. Get outside. Go for a walk, take your lunch outside, take short breaks throughout your day and enjoy the sunshine. Exercise. A regular exercise routine can help with stress relief, and being more fit can help to increase self-esteem. Plus, exercise increases levels in your brain of the same chemicals used in anti-depressant medications! Socialize. Connect with the people you enjoy being around. Take a trip. Make an effort to plan for vacations during the winter months when possible.

A couple things to remember:

We all have tough days and times when life presents us with an increase in overall stress. It’s ok to have a bad day. However, SAD is a type of depression, and if your symptoms do not improve, or even worsen, it may be time to seek professional support. Treatment options can include psychotherapy, medications, and even light box therapy. Luckily, recovery from any diagnosable mental illness has high success rates, with 70-90% recovery rates when we seek treatment.

*Brought to you by your Health & Wellness Council

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First Friday Memorials 2022-2023

A.B. Blickhan & H.B. Schuering Families
 Madalon Elam,
 John & Delores Peterson,
 Hamil & Hilda Elam,
 Marshall, Mildred Campbell & John Peterson Jr.
 The Hessling Family
 William and Esther Bergman
 Missie Ohnemus Moore
 Members of Bozarth & Kelly Families
 Parker & Mildred Gates
 Mary Gates &
 Barbara Gates Gerdes
 Maas & Doyle Families
 Albright & Havermale Famies
 Josie & Eva Knuffman
 Kuse & Schmidt Families
 Goehl & Koettters Families
 Living and Deceased Members of the Hull, Dempsey and Kelly Families
 Harold & Virginia Hartman
 John & Jody Hartman
 Fr. Don Everett & Mary Knuffman
 Jeffery & B J VandenBoom
 Franke & Smith Families
 Bange & Benz Families
 Cook, Gollaher & VandenBoom Families
 Norbert & Viola Klingele Families
 Geschwandner Family
 Janet Kroeger & Mary Alice Meyer
 Ted Peters, Vern, Rose & Gerald Zimmerman
 Living & Deceased Members of the Sacred Heart League
 Nick Schulte & Living & Deceased members of Schulte/Grawe Families
 Deceased Members of the Fenwick & Schinderling Families

James & Catherine Johnson,
 Lawrence & Mary Dietrich Families
 Les Duersterhaus
 Patrick Joseph Dolan
 Frank & Elsie Olps & Family
 Van Marter and Meade Families
 Living & Deceased members of the Louis Frese & Walker Morrison Families
 Charlie & Scott Roan
 Living & Deceased members of Lawrence & Marie Klausner Family
 Gale & Annette Hill Family
 J A Buckman
 Carl & Margaret Spettnagel
 Charles, Margaret, Pete & Steve Huefner
 Traci Dede & families of Mary & Terry Lovell
 Living & Deceased members of Peters & Maguire Families
 Living & Deceased Members of the Schulte family
 Bill Wegs
 J.R. & Alta Rosenkoetter
 William Hughes
 The Ralph Peters Family
 Larry & David Steinkamp
 Virginia & Francis Liesen
 Joseph & Mary Clare Haugh & Paul & Ruth Jochem
 Ted Berter, Jr. & Sr. Families
 Living & Deceased Members of Penie & Emma Vahlkamp Family
 Ron, Gertrude & Ethel Peters
 Mike & Laura Rokita & Liza Galloway
 Louis & Laura Holtschlag Family
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TV Mass for Shut-Ins

The Fourth Degree Knights of Columbus broadcasts Mass for the Shut-Ins every Sunday 10:30 a.m. on Channel ABC (Basic Cable 3).

If you know of someone who would benefit from a missal with Sunday and Daily Liturgies, CONTACT Dan Hummel and we will send a Pray Together Missal free of charge.

TERRY OBERT, Faithful Navigator, 223-2085



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