

Blessed Sacrament

1119 South Seventh Street, Quincy, IL 62301

Parish Email: parishoffice@blessedscs.org

Parish Website: www.blessedsacramentqcy.org

Diocesan Website: www.dio.org

Blessed Sacrament Parish Phone: 222-2759

Pastor: Fr. Tom Meyer

Pastor Emeritus: Monsignor Michael Kuse

Permanent Deacon: Deacon Terry Ellerman

Director of Faith Formation: Ginny Fuentes

Secretary: Laura Megown

Bookkeeper: Linda Ohnemus

Director of Music: Steve Buckman

Custodian: Jennifer Cunningham

Blessed Sacrament School Phone: 228-1477

Principal: Lisa Berhorst

School Administration Manager: Kailee Flesch

Secretary: Lori Quevillon

Custodian: Rick Epping

CELEBRATION OF THE EUCHARIST

Monday, Tuesday, Wednesday, Friday: 8:00 a.m.

Thursday: 8:15 a.m. (School Year)

Saturday: 8:30 a.m. (Spanish), 4:30 p.m.

Sunday: 8:00 a.m. 10:00 a.m.

RECONCILIATION:

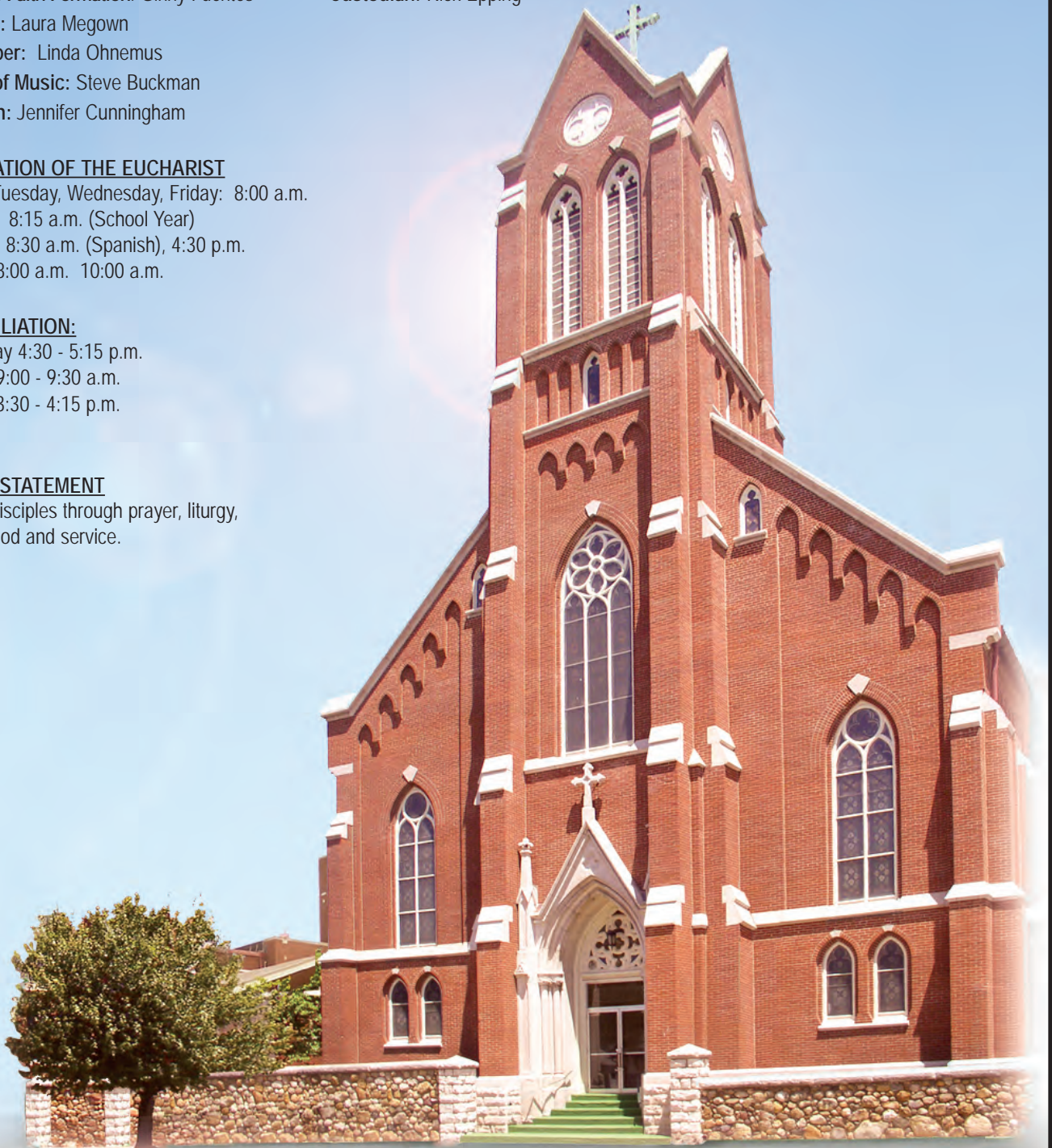
Wednesday 4:30 - 5:15 p.m.

Saturday 9:00 - 9:30 a.m.

3:30 - 4:15 p.m.

MISSION STATEMENT

Forming disciples through prayer, liturgy,
Word of God and service.



**Blessed Sacrament Parish
6th Sunday of Easter
May 14, 2023**

From the Pastor's Desk

Monday 8:00 a.m.	May 15, 2023 Betty Holtman
Tuesday 8:00 a.m.	May 16, 2023 Klene Family
Wednesday 8:00 a.m. 6:00 p.m.	May 17, 2023 Edward & Norma Kelly Neil Megown
Thursday 8:15 a.m.	May 18, 2023 Margaret Schuering
Friday 8:00 a.m.	May 19, 2023 Barb Woodvine
Saturday 4:30 p.m.	May 20, 2023 People of the Parish
Sunday 8:00 a.m. 10:00 a.m. 11:10 a.m. (Spanish)	May 21, 2023 Max Kinne Brad & Darlene Heckenkamp Betty Wiewel

Sunday, May 7, 2023

Regular Collection:	\$ 10,585.00
Electronic Giving:	\$ 955.00
Total Collection	\$ 11,540.00
Weekly Support Needed:	\$ 12,013.00
Deficit/Surplus:	(\$ 473.00)
Regular Support Actual (YTD)	\$ 534,944.47
Regular Support Needed (YTD)	\$ 540,585.00
Regular Deficit/Surplus: (YTD)	(\$ 5,640.53)
Total School Collection	\$ 3,045.00
Haiti	\$ 892.00

This Week in Our Parish

Tuesday GriefShare Legion of Mary-GS	May 16, 2023 10:00 a.m.–12:00 p.m. 1:15 p.m.–2:45 p.m.
Wednesday Adoration Bible Study-GS Evening Prayer Benediction 8th Grade Graduation-Church Liturgy Committee-LL	May 17, 2023 8:30 a.m.–5:00 p.m. 1:00 p.m.–2:30 p.m. 5:00 p.m. 5:20 p.m.-5:30 p.m. 6:00 p.m. 7:15 p.m.
Thursday RCIA-GS	May 18, 2023 6:30 p.m.
Saturday Health & Wellness Council-GS	May 19, 2023 9:00 a.m.–10:30 a.m.

Today we celebrate the **6th Sunday of Easter**. Jesus says in the gospel today, "Whoever has my commandments and observes them is the one who loves me." In our culture today love is often understood as a feeling or emotion. The risen Christ has a deeper understanding of love; a love that contains the virtues of commitment and trusting obedience. May we seek to grow in this love that reaches beyond human feeling.

During the next 10 days (Monday, May 15 – Wednesday, May 24) we will be **Closing the Parish and School Parking Lot during School Hours (7:45 a.m.-3:00 p.m.)** in order to "pilot" a plan we hope to implement next School Year to improve School Safety for our School Children. We ask that daily Mass and Adoration attendees utilize the west (7th Street) and south (Adams St.) doors of church for entrance into the Church. Parking will be available on both Adams and 7th Street. For those wishing to visit the Parish Office during school hours, we ask that you park on 7th Street and utilize the 7th Street Parish Office entrance. We appreciate your patience for these next 10 days while we test this process.

This Wednesday May 17 at 6:00 p.m. is the **Blessed Sacrament School 8th Grade Graduation Mass**. We celebrate our BSS 8th Grade Class of 2023. We pray for all of our 8th Grade graduates as they continue their education and Catholic faith formation beyond 8th Grade.

Next Sunday May 21 at 10:00 a.m. Mass we will honor all **Parish Graduating H.S. Seniors from the Class of 2023**. A small reception will be held for them in the Gathering Space following our 10:00 a.m. liturgy. Congratulations to our Graduating Senior Class of 2023!

This month of May we encourage members to give to our semi-annual Collection for our **Quincy Catholic Cemeteries**. Monies from this collection help provide ongoing care and support to our parish cemeteries. Please place your contributions in the Cemetery Care envelope found in your monthly packet.

On Saturday evening May 27 at the 4:30 p.m. Mass we will celebrate the **Extended Form of the Pentecost Vigil**. The Extended Form gives us the opportunity to "pray in vigil" for the coming of the Holy Spirit, much as Mary and the Apostles did at the original Pentecost.

Vacation Bible School will soon be here. The dates for this year's **VBS is June 5 -9 @ 6:00-8:30 p.m.** each evening. This year we are sharing this event with St. Francis Parish, although the activities will all be scheduled here. Please contact VBS Director Allison Menz if you would like to volunteer or sign up.

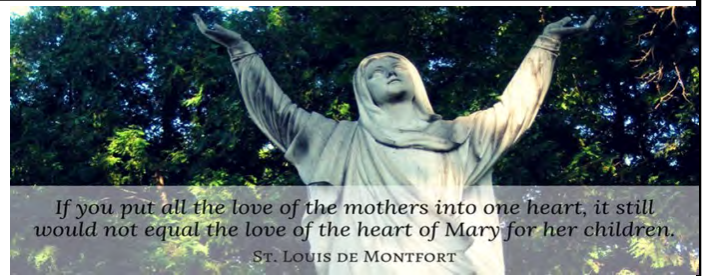
I would like to congratulate our mothers today on **Mother's Day**. May the good Lord continue to bless our mothers with his special assistance to carry out their unique vocation with patience, dignity, and grace.

May the Peace of the *Risen* Christ be with you all,

Fr. Tom

To report allegations of sexual abuse of a minor by clergy or other church personnel -- even if it is in the past -- individuals are encouraged to call the Diocese's Child Abuse Reporting and Investigation number at 217.321.1155. Individuals may also contact Illinois Department of Children and Family Services Child Abuse Hotline at 1.800.25.ABUSE.

Three Simple Ways to Honor Mary on Mother's Day!*



If you put all the love of the mothers into one heart, it still would not equal the love of the heart of Mary for her children.

ST. LOUIS DE MONTFORT

As the Mother of Jesus and mother of all Christians, I can imagine Mary not wanting to make a fuss about the attention we give her. And at the same time, I can imagine her treasuring our simple efforts. And so let us leap at the chance to honor and celebrate this beautiful mother of ours.

Here are three simple ways we can honor Mary this Mother's Day:

Pray the Rosary. Take a few moments, either alone or with your family, to pray the Rosary. If it's a nice day outside, go for a Rosary walk! If an entire Rosary seems overwhelming to you, consider praying just one decade. (Join the Blessed Sacrament Parish Facebook Page @ 9:00 p.m. every night.)

Bring Mary Flowers. During May (the month of Mary), it is customary to set up an extra-special space in your home to honor Our Lady. A Mary altar doesn't have to be fancy. It can be simple but beautiful atop a fireplace mantle or bookshelf. If you don't have a statue of Mary, a framed holy card and Rosary can adorn your altar. Get the children/grandchildren involved by asking them to make little bouquets of flowers for the Blessed Mother.

Enjoy Dessert. What holiday is complete without a special treat? And the Catholic Church is very good about teaching us about the importance of fasting *and* feasting! While Mother's Day might not be an official Marian feast day, she is the mother of all mothers, so let us celebrate her! And perhaps instead of "Happy Birthday," we could sing a Marian hymn instead!

Panic Attack vs. Anxiety Attack : Is there a difference and what are the symptoms?

The terms panic attack and anxiety attack are oftentimes used interchangeably by those unfamiliar with them, but it's important to know that they aren't actually the same. According to the National Institute for Mental Health, "panic attacks are sudden periods of intense fear that come on quickly and reach their peak within minutes. Panic attacks can occur unexpectedly or can be brought on by a trigger.

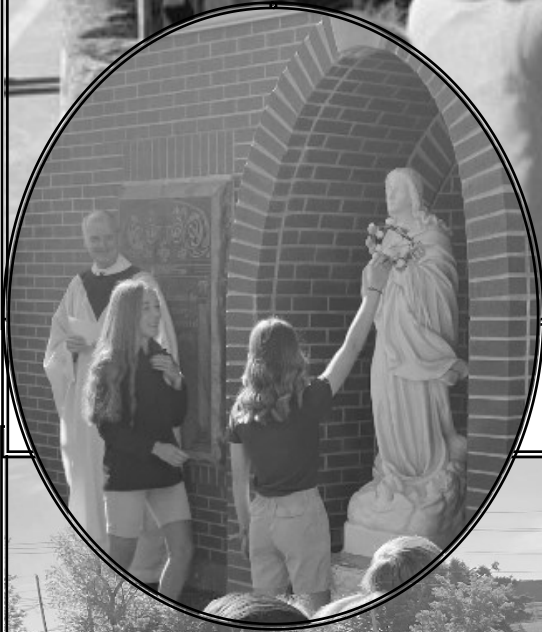
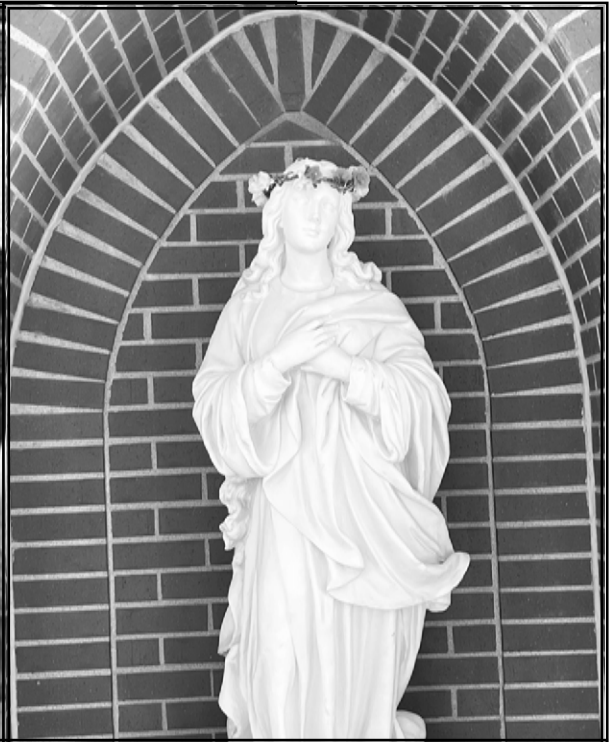
Anxiety on the other hand, happens gradually after a period of excessive worry. "If the anticipation of something builds up and the high amount of stress reaches a level where it becomes overwhelming, it may feel like an "attack". Also, it comes down to the physical sensations in your body that determine whether you are experiencing a panic attack as opposed to anxiety attack.

Ultimately, while both feel very real & scary in the moment, it is important to remember the feelings are temporary & will not last forever. Many therapists & psychiatrists recommend keeping a coping toolbox to help deal with stressful times.

A coping toolbox is essentially a box filled with items & notes of coping strategies to help oneself calm down & express their emotions in a healthy way. So find a box (any old shoe box, food container or something that is easy to store). Next week we will give coping strategies to fill your coping toolbox.

Brought to you by the Blessed Sacrament Parish Health & Wellness Council

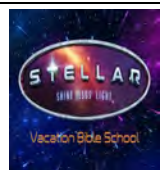
Hospitality - Prayer - Service - Faith Formation



MAY CROWNING



Prayer...Liturgy... Word of God...Service



Vacation Bible School
June 5 through 9, 2023
6:00 p.m.—8:30 p.m.

Blessed Sacrament
Open to Preschool- 5th grade

Grade entering in fall of 2023

\$25.00/child

\$60.00 a family of 3 or more

Volunteers needed: 6th- 12th grades/Adults

Students may earn service hours

Mass Intentions

Remembering a loved who has passed with a *Mass Intention* offers their soul special grace to rest in peace. Mass Intentions can be reserved by calling the parish Office at 217-222-2759. The offering is \$10 per Mass.

Circle of Caring

If you know of anyone who could use a helping hand after returning home from the hospital, please contact the Parish Office at 217-222-2759 during the month of May 2023. The Circle of Caring is for anyone who has just had a baby, returned home from the hospital or is unable to drive. Volunteers will carry in meals, provide rides, do housekeeping tasks or just lend a helping hand.

An Hour of Adoration

St. Francis Church, 1721 College Ave.

May 21, 2023 3:00 p.m.—4:00 p.m.

All are invited to come & pray for our Priests

Prayer Chain

If you or someone you know is in need of prayer, call Carol Price to add their intentions to the Prayer Chain: 217-223-8881.

Remember the Sick in Your Prayers...

Please pray for parish family members:

Doris Hildebrand, Tom Liesen, Allan Harvey, Robin Cimera, Barb Peters, Maggie Kistner, Robert Conover, Linda Anemone, Sandy Meade, Monica Mast, Ken Nelson, Eric Strunk, Rita Esselman, Lori Massey & Carl Nieders.



14 Day Candle
Burns in Memory of
Madalon Elam

White House Men's

Annual Retreat Seeking God

"Come away by yourselves to a deserted (quiet place) and I will give you rest" Mark 6:31.

Join the Men of St. Francis parish by signing up for the 2023 Annual SILENT Retreat at the White House Retreat Center in St. Louis: starting Monday, September 25, 12:00 p.m. ending Thursday, September 28, 12:00 p.m. The retreat experience at the White House is a powerful one. RECHARGE YOUR SPIRITUAL BATTERIES: No one plans to push God aside, but sometimes in the craziness of life that is what happens. Ask any man or woman who has ever made a retreat at the White House and they will volunteer that "NEVER HAVE THEY BEEN MORE AT PEACE WITH THEIR SOUL AND THEIR GOD." Call or email your name and phone # for your reservation NOW. John Venegoni at 217-430-2234 jvenegoni6808@comcast.net Deadline is August 10, 2023.

Sausage For Sale

Sausage Links

3 lbs. Bags

\$12.00

Contact Parish Office to purchase
 217-222-2759



Seeking Musicians for Sunday Masses!

We are blessed to have several faithful and skilled musicians covering the Saturday afternoon/Sunday Masses, and most of the time we have enough to cover every Mass.

However we have ONLY enough, so it can be a bit of a scramble if someone is sick or unavailable. And with Summer coming up there will surely be weekends when musicians may be on vacations or other conflicting events. Or maybe it would be nice to have enough musicians available that we could alternate just to let other musicians have a turn!

Providing Mass music is an honor and a privilege, and we welcome any and all musicians in the parish to step up and join us in this wonderful and spiritually satisfying ministry. Come join us! I hope to hear from you soon.

-Steve Buckman, Music Director

Mega Raffle Tickets...

Get Them Before There Gone

Thank you to all who have purchased Mega Raffle tickets to date. This fundraiser has raised more than \$2.1 million since it began, and it directly impacts our students, schools, and foundations. We need your help to sell our remaining tickets to ensure the greatest impact this year! If you haven't purchased, please do so through your school, parish office, a school family, or at QuincyMegaRaffle.org. Ticket sales end Thursday, May 18, and our drawing will be held Friday, May 19 live on KICK FM at 8:35 a.m. Thank you for your continued support of our schools and foundations!

LITURGICAL MINISTRIES FOR Saturday, May 20, 2023

Mass Times	Servers	Communion Minister	Greeters	Lectors	Usher
Saturday, 4:30 p.m.	Samuel Klauser Ryan Turnbaugh Maddie Maas	Ruth Bange Laurie Brink James Smith	William & Katrina Casper (GS) John Bozarth (WD) Kristen Greer (SD)	Madison Daggett	Gary Beckman Dan Brink Dean Herring Mark Terwelp

LITURGICAL MINISTRIES FOR Sunday, May 21, 2023

Mass Times	Servers	Communion Minister	Greeters	Lectors	Usher
Sunday, 8:00 a.m.	Olivia Bailey Blakleigh Haubrich Emmalyn Smith	Jean Brod Brian Brod Chris Wegs	Conrad & Lorraine Dvorak (GS) Brett Niemann (WD) Suzanne Peters (SD)	Sara Reuschel	Gerry Salfen Blake Niemann Glen Ebbing Kevin Steinkamp
Sunday, 10:00 a.m.	Jace Sheely Emma McDowell Hannah Coovert	Deacon Terry Pam Luther Doug Luther	Kindergarten Students (GS) Kindergarten Students (WD) Kindergarten Students (SD)	Kindergarten Students	Kindergarten Students

SERVERS Week of May 15, 2023

Monday, May 15, 8:00 a.m. & Tuesday, May 16, 8:00 a.m.-Asher Richards & Lucas Selby
Wednesday, May 17, 8:00 a.m. -Bryson Shull & Haley Terwelp
Wednesday, May 17, 6:00 p.m.- Kynzi Barnes, Temprance Berhorst & Max McDowell (**8th Grade Graduation**)
Thursday, May 18, 8:15 a.m.– Bryson Shull, Haley Terwelp & Hector Viera
Friday, May 19, 8:00 a.m.– Bryson Shull & Hector Viera

ARE YOU AWESOME?

JOIN OUR TEAM

JOB OPENING: DIRECTOR OF FAITH FORMATION



More Information :

Coordinate sacramental prep, Domestic Church Circle, adult & youth faith formation, RCIA, & VRS

[APPLY NOW](#)

SEND YOUR RESUME TO tmeyer@dio.org

25

TH JUBILEE

Celebrating

FR. TOM MEYER
 SATURDAY, JUNE 3, FOLLOWING 4:30 MASS,
 IN THE PARISH PARKING LOT
 MEAT & DRINKS PROVIDED,
 BRING A DISH ACCORDING TO YOUR LAST NAME:
 A-G POTATO/PASTA, H-N FRUIT/VEGGIE, O-T SALAD,
 U-Z DESSERT

Prayer...Liturgy...Word of God...Service

A MOTHER'S *Love*

There's no love like a mother's,
Her heart is filled with care.
With Christ as her example,
Her Savior's love she'll share.

A mother's love is endless,
Not changing for all time.
When needed by her children,
A mother's love will shine.

God bless these special mothers,
God bless them every one.
For all their tears and heartaches,
And special work they've done.

When days on earth are over,
A mother's love lives on,
Through many generations,
God's blessings on each one.

Be thankful for our mothers,
Who love with higher love,
From power God has given,
And strength from up above.

St. Louis Cardinal Baseball...

Friday, August 18
7:15 p.m.



Cards

vs.

New York Mets

Free Cardinal Bobblehead
Giveaway !!!

Tickets \$85.00 including
transportation. Please pay for
tickets when ordering.

Checks are to be payable to
Gary Beckman and paid at the
Blessed Sacrament Church Office,
1119 South 7th St.
Call 217-222-2759
for more information.

Seats: Section 267, handicap Accessible
area. Food, drinks & bathrooms close by.

Stadium does not accept cash!

Please join us for the fun!!!!

First Friday Memorials 2022-2023

A.B. Blickhan & H.B. Schuering Families
Madalon Elam,
John & Delores Peterson,
Hamil & Hilda Elam,
Marshall, Mildred Campbell & John Peterson Jr.
The Hessling Family
William and Esther Bergman
Missie Ohnemus Moore
Members of Bozarth & Kelly Families
Parker & Mildred Gates
Mary Gates &
Barbara Gates Gerdes
Maas & Doyle Families
Albright & Havermale Families
Josie & Eva Knuffman
Kuse & Schmidt Families
Goehl & Koettlers Families
Living and Deceased Members of the Hull, Dempsey and Kelly Families
Harold & Virginia Hartman
John & Jody Hartman
Fr. Don Everett & Mary Knuffman
Jeffery & B J VandenBoom
Franke & Smith Families
Bange & Benz Families
Cook, Gollaher & VandenBoom Families
Norbert & Viola Klingele Families
Henry & Regina Geschwandner Families
Janet Kroeger & Mary Alice Meyer
Ted Peters, Vern, Rose & Gerald Zimmerman
Living & Deceased Members of the Sacred Heart League
Nick Schulte & Living & Deceased Members of Schulte/Grawe Families
Deceased Members of the Fenwick & Schinderling Families

James & Catherine Johnson,
Lawrence & Mary Dietrich Families
Les Duersterhaus
Patrick Joseph Dolan
Frank & Elsie Olps & Family
Van Marter and Meade Families
Living & Deceased members of the Louis Frese & Walker Morrison Families
Charlie & Scott Roan
Living & Deceased members of Lawrence & Marie Klausner Family
Gale & Annette Hill Family
J A Buckman
Carl & Margaret Spettnagel
Charles, Margaret, Pete & Steve Huefner
Traci Dede & families of Mary & Terry Lovell
Living & Deceased members of Peters & Maguire Families
Living & Deceased Members of the Schulte family
Bill Wegs
J.R. & Alta Rosenkoetter
William Hughes
The Ralph Peters Family
Larry & David Steinkamp
Virginia & Francis Liesen
Joseph & Mary Clare Haugh & Paul & Ruth Jochem
Ted Berter, Jr. & Sr. Families
Living & Deceased Members of Penie & Emma Vahlkamp Family
Ron, Gertrude & Ethel Peters
Mike & Laura Rokita & Liza Galloway
Louis & Laura Holtschlag Family
Bill Rice
Hultz, Rhinberger & Ohnemus Families
Selby & Meier Families
Clarence & Evelyn Genenbacher Family

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The Fourth Degree Knights of Columbus broadcasts
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If you know of someone who would benefit from a missal with
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